

Photographing the Paranormal - Free Ecourse

Equipment

Computer

Digital Camera with large memory card

Notebook and pen to note down location, date, anything that happens and any messages from spirit.

Increasing Your Odds of Taking Orb Photos

The more pictures you take, the more likely it is to get orbs. With a digital camera it doesn't cost you money to process the photos you don't use, so take as many as you can. We often take over 100 pictures at a location to increase the odds of catching something.

If you feel drawn to a particular area in the building, or you hear a noise, concentrate your efforts there. Also, point the camera at the ceiling. We have found an amazing amount of orbs on ceilings.

Locations

Take a lot of photos in locations that you feel drawn to, ie, your own home, churches, pubs, old buildings and other haunted locations. We have found that piers and marinas are also good places for capturing orbs at night. Always seek permission from the property owner before you begin. You can take photos during the day or at night-time, inside or outside. We find that orbs are difficult to catch outside during the day, but it isn't impossible.

Communicating With Spirit

Sit quietly, visualise a protective white light bubble at least 6 feet all around you and imagine tree roots coming out of the base of your feet and your root chakra. These roots go deep down into the earth to keep you grounded. You are now protected. Ask your spirit guides to talk to the spirits in the building and ask them to appear to you and your camera and also ask if they have any messages for you. Try to strike up a conversation with them mentally. Alec has gone up to plaques in churches and asked the person named to appear and he later found orbs on the plaque.

The most important thing to remember when photographing the paranormal is that you must go into a building with the INTENTION to photograph the spirit world. We have found that if you have a negative attitude it is nigh on impossible to get anything. Stay positive and open-minded.

Please remember to thank spirit once you have finished.

What to Look for

Don't worry if you can't see anything on the camera screen (it's too small). Download your images to your computer and magnify. Search for anomalies such as orbs, mists, and look into mirrors and windows to see if there are any reflections of spirit.

Look for patterns, shapes, figures, colours and auras within the orb. Look at them from different angles.

Delete any photos which have nothing on. Only keep those that have spirit phenomena.

Policing

Magnify the possible anomalies and analyse them. Is there any normal explanation, ie, was the building dusty. If the photos were taken in the dark, try to discount moths and other insects. Please ensure that your camera lens is always clean.

With spirit mist, be aware if there was anyone smoking nearby or if the weather was foggy.

With mirrors and windows, discount normal reflections of passers-by or people in the room. One photo we took of a pub window seemed to have the spirits of a man and a woman. We went back to the pub to double-check and discovered that in the back there were posters of these people! Always do your best to check out anything you get. You don't want to have egg on your face if someone points out to you that you have made a mistake and it will undermine any genuine photos you may take. It pays to be open minded when analysing anomalies.

Always take two photos, one straight after another. This will help you to eliminate physical explanations .

Other Types of Anomalies

Check for spirit mists. These are rare but if you look closely you may be able to see faces and orbs in them.

Check windows, mirrors and other reflective surfaces. You may be able to see spirit faces and bodies in them. This is actually more common than spirit mist.

Apparitions. These are extremely rare and we have only managed to photograph one at Chichester Cathedral in West Sussex. Do double-check that they aren't a real person. Ours didn't have legs so it was obvious that it wasn't a bystander.

Vortexes. These are streams of light which can be white or coloured or both. Our first paranormal photos were of this type and were a mixture of white and pink. (One of which is on our website.) These are also rare. Don't mistake them for a camera strap that has fallen over the lens, which tend to be black or pure white. Experiment with your camera so that you will be able to tell the difference.

Record Keeping

Start a folder on your computer of pictures and name them with the place and date they were taken.

If you have the photos processed, keep them neatly in a photo box or album, clearly labelled with the date and place they were taken.

Note down any feelings connected with the anomaly or place where it was taken. Try to communicate with the phenomena, does it have anything to say to you, if so what? Don't forget to write down any patterns, figures, etc, you may see in the orbs.

If you get any paranormal photos, please email them to us so that we can put them on the website with your stories.

Good hunting!